



### Project description:

**Duration of the project:** October 2019 - September 2020 (11 months).

**Hosting organization:** Fundacja “Sprawni Inaczej” (FSI), Foundation for the Differently Able  
EI nr in The European database on ESC accredited organisations: 2019-1-PL01-ESC52-064900.  
PIC number: 944068215/Gdańsk

**Address:** ul. Północna 5, 80-512 Gdańsk/Poland. Telephone: +48 58 344 42 56.

**Main topics:** disability, ARTS & CRAFTS, leisure for the local community members.

**Where:** Gdańsk/3city at the seaside in Poland

**Language of communication:** English, after some time also Polish language.

**Tasks for Volunteers:** Volunteers will work in our Foundation in Gdańsk (created in 1989), with adult intellectually disabled people, mainly through handicrafts and art therapy.

We offer different tasks for the ESC Volunteers (we apply for 8 people) like below:

- everyday support in our two Occupational Therapy Workshops in Gdańsk,
- everyday support in our Social Center of Self-Care for people with mental disorders in Gdańsk,
- organizational support in our office (for example: taking pictures, making presentations on PC, preparing promotion materials etc.),
- support of our project called ‘Neighbours house’ (activities for elderly people and children, cooperation with the local community),
- creating of their own workshops for our participants, cultural events for the local community, EVS presentations for schools and universities.

### Our volunteers will be involved in:

- helping us with all artistic tasks at two workshops of Foundation in Gdańsk, (for example: ceramics, sewing workshops, handmade paper, various manual technics, painting workshops, wood carvings, cooking),
- support all instructors in their regular activities in the workshops,
- helping us to assist the disabled people during both, every day activities and occasionally sporting activities (group games, unihockey, etc.),
- preparing own workshops in our places (once a week or more),

- providing organizational support to FSI and participating in various events such as: open days of FSI, picnics, integration meetings, events for local NGO's etc.,
- providing organizational support and participating in charity events,
- preparing media and marketing materials (pictures, presentations, films, leaflets, posters) of ESC and Foundation actions,
- helping us to arrange and decorate Foundation's premises,
- gardening activities in all mentioned places of work,
- organizing language classes for kids from the local society.

### **Hosting organization will support:**

First of all - **interesting and socially useful** activities!

Besides:

- single and double rooms in ESC Volunteers House which is located in our biggest Centre - nota bene building 1 min from the Baltic Sea,
- money for food + pocket money,
- ticket for the whole Gdańsk transportation each month,
- Polish lessons given by the professional teacher during the whole project, twice a week
- internal trainings of FSI (1 week of Introductory training + first aid + approximately two weeks of learning our artistic technics that we use in Foundation),
- also on-arrival + mid-term trainings organized by Polish National Agency (first take place in the capital of Poland and the second in another interesting city in Poland),
- coordinator's + instructor's + mentor's support,
- educational workshops and trips offered by our instructors,
- study visits in our regional workshops (Kościerzyna, Lubieszyn, Konarzyny, Miastko, Bytów),
- study visits in Gdańsk NGOs if volunteers will be interested in such a programme,
- Cigna insurance (main responsibility of Sending Organisation),
- European Youth Card (is sent by the European Commission),
- budgeted for the return trip according to the cost calculator of Erasmus+ Programme,
- and... a company of positive, nice and helpful ESC Volunteers, our participants and workers. Friendly, family atmosphere as well▫

### **Contact person:**

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