



## BREAKING STEREOTYPES

### KA1 YOUTH EXCHANGE

**Proposed date:** October, 2016

**Venue:** Budapest, Hungary

**Expected nr. and profile of participants:** 6+1

6 young people interested in the topic (aged 16-25) + a group leader (aged +18) familiar with the topic. We expect at least **three participants living with disabilities** in each group. Venue will be barrier free. Staff at Co-Efficient does not speak sign language, so applicants with hearing impairment should be noted.

**Expected Countries: 3 other EU Countries**

**We have partners from:** HU,PL,RO

### PROJECT SUMMARY

Our aim is to launch an integrated community-building activity helped by the participation of the involved disabled and non-disabled young people in order to help them in developing a constant activity against stereotypes and over helping and help them to introduce their real needs in their own local communities.

The project allows the people involved to acquire knowledge about disability in international level, concrete formulation of their own objectives and the required activities to achieve them. The program is aimed to develop skills and competences that can help the disabled and non-disabled people to develop creative awareness activities.

Our objective is to involve 42 youngsters 16 to 25 years, who:

- socially sensitive
- interested in connected with the topic

During the one-week exchange the participants can acquire knowledge, skills and competences in a training based on the non-formal learning method that can help them to launch their own new initiatives, they able to organize awareness programs sensitizing events in connect with the topic.

Thus, the program is focused on the self-knowledge, helping/assisting profession, social roles, active participation, volunteering and independent life, while the participants' ICT and social competences, tolerance, sensitivity, assertivity, communication skills and tools, time-, stress-, and project management knowledge are improved.

**Our association provides barrier-free environment and professional personal assistance during the entire duration of the program.**

### WHAT TO DO?

1. Send us your partner identification document (example attached)
2. Send us back the mandate:
  - o attached,
  - o filled,
  - o stamped,
  - o signed,
  - o scanned.
3. Questions? [info@egyutthato.eu](mailto:info@egyutthato.eu)