

Sport & Environment for Youth

Youth Exchange

9-14th of June 2015

Narbolia, Italy



Short Description

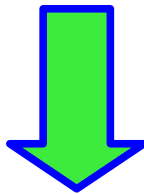
Associazione Nieddi is going to host a youth exchange "**Sport & Environment for Youth**" funded by Erasmus + program of EU.

25 participants (20+5) from **5 countries** of Western and Eastern Europe (United Kingdom, Spain, Germany, Bulgaria and Italy) will discuss the themes of **sports and environmental protection** through a **non-formal education**: comparison and aggregation moments among young people, reflection on the themes of the exchange; animation linguistic and intercultural.

Participants will be creating an intercultural atmosphere mostly focusing on raising of participants awareness about voluntary work, illustrating it and bringing the results of the exchange to a wide public with the help of sports and the surrounding nature.

Youth participants will be actively involved through innovative forms of learning, such as **team sports, learning by doing system, workshops, discussion sessions, questionnaires, excursions.**

The project will take place in one of the most beautiful places in Sardinia, **Narbolia** (Italy) between **9-14th June.**



The main objectives of the project are:

- to promote sport as a tool for integration, and a healthy lifestyle;
- to promote environmental sustainability;
- to encourage the spread of the values of democracy and solidarity;
- to promote cultural integration among young people and overcoming stereotypes existing;
- to encourage the overcoming language barriers;
- to promote youth mobility and European citizenship.

Partnership and Participants



Target Group:

- Aged 20-25;
- Knowledge of English.

Country – Partner Organizations – Participants:

Country	Organizations	Number of Participants
Italy	Associazione Nieddi	4 participants + 1 group leader
Bulgary	Bulgaria Gateway	4 participants + 1 group leader
Spain	Integra Consultoria	4 participants + 1 group leader
United Kingdom	Trainig Vision	4 participants + 1 group leader
Germany	Berlink	4 participants + 1 group leader



Places

The activities of the Youth exchange “Sport and Environment for Youth” will take place in the **historic center of Narbolia** and in contact with nature within **SIC area of Is Arenas**. Narbolia is a beautiful small village of Sardinia (Italy), situated a short distance from the Sinis's peninsula, full of white sandy beaches.

Narbolia is a village rich in history: there are many historical and archaeological sites.

Narbolia



Is Arenas



Accomodation and food

The Youth Exchange participants will stay at the Camping “Bella Sardinia”, located within SIC area of Is Arenas, surrounded by nature where you can live in a Mediterranean environment.

The **accommodation** will be organized through bungalow: five participants of the same gender and of different nationalities will share bungalow. Towels and bed linens are certainly provided.

We encourage multilingualism and multiculturalism!!!

<http://www.bellasardiniacamping.com/Default.aspx>

The organizers will provide participants with **food** three times per day.



Accommodation, food, activity costs will be covered within the program.

Travel Arrangements and Travel Costs

Travel costs will be reimbursed following the submission of all the original travel documents. Travel documents like boarding passes, bus and train tickets.

!!! Do not throw away the original tickets, receipts/invoices and boarding passes.

The maximum travel budget is

- **SPAIN - 170,00 EUR (for person);**
- **BULGARY - 170,00 EUR (for person)**
- **GERMANY - 170,00 EUR (for person)**
- **UNITED KINGDOM - 170,00 EUR (for person)**

The best way of coming to Narbolia is flying to **Elmas Airport (Cagliari)** which is about 120 km from Narbolia. Here you can take the train to the station of Oristano where you will find our operators that will take you to Narbolia.

Other airports are: **Alghero-Fertilia Airport** and **Olbia-Costa Smeralda Airport**. These are more distant from the place of the exchange and connections with Narbolia are difficult. If you choose these two alternatives our operators will ensure the transport to Narbolia.

Preparation

Participants are requested to bring the following:

- Presentation of their country of origin and how the participants and the territory of belonging live the theme of sport linked to nature, through non-formal methods chosen by the group (video, photographs, sketches, etc.);
- Music, drinks and food that you consider representative for your culture for the intercultural evening
- Good ideas and willingness to share with mates during the exchange;
- Good mood and commitment to fully participate during the entire duration of the youth exchange.

It will carry sports, outdoors and on the beach, so you had better take casual or sports clothes with you, and....do not forget your swimsuit!!!

Contact Information

If you need help, have questions or need further information please contact:

associazionenieddi@gmail.com